

Health and Wellbeing

Can I recognise a risk, danger or hazard?
Whose responsibility is it to keep us safe?



How can I describe different feelings?
What does it mean to be overwhelmed by feelings?
Can we help ourselves when we experience strong emotions?

How do we feel if we eat too many sweet foods?
What is a balanced life style? What is a balanced diet?
Who decides what is best for us?
Are the images we see in the media always real?

Relationships

Can we tell how other people are feeling?
Do we have to keep secrets if they make us feel uncomfortable?
Who can we speak to?
Is it possible to sort out disagreements?



How do we show others that their ideas and feelings are valued? What is the benefit of working constructively?



Living in the Wider World

What is in the news currently about health and wellbeing?
Why do we need rules in school?
What are human rights?



How is money managed?
What do we have to think about before we do or do not spend our money?



change
4life

Who should be looking after the environment?



Religious Education



How could different ceremonies become important markers for a person of faith? What are the main events? Do you know of any ceremonies where commitments are made? Why are special ceremonies shared in faith communities? There are some people who describe life as a journey. Why do you think they see life like this?

