

Health and Wellbeing

Healthy Lifestyles:

Growing and changing

How will my body change as I get older?
Can I name the different parts on the body?

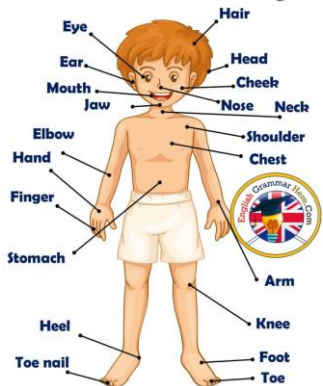
What am I looking forward to about moving up to the next year group?

Have I got any worries?

Why is sleep important?
How can I keep healthy? Why is it important to look after my teeth and to keep myself healthy?
Who can I ask for help when I need it?



The Human Body



Keeping Safe:

How do I keep safe in different situations?
What are the risks at home? What could be a hazard?
Who do I ring/ turn to in an emergency?
How can I keep safe at home?

Relationships

When is it okay to keep a secret?
When is it okay to share a secret with another person?
Is it okay for somebody to pressure me into keeping a secret?



What is meant by working/playing co-operatively?
When do I work as a team?
Is there any similarities and differences between myself and others around me?

What makes a good friend?
What can I do to make sure that I am a good friend?
What could I do if I was feeling lonely? How can I make help others if they are feeling lonely?
Who can I ask to help me if I needed some help?



Living in the Wider World

What groups in the community do I belong to?

What is my role in the community?

What are my responsibilities?

Does everybody have the same role? Are there any similarities/ differences?



What is money?

How do I look after money?

What can be bought with money?

If I had money what would I want to buy and what would I need to buy?

What is the internet? How can the internet be used?

How is the internet used in everyday life?

What can be found on the internet? Is the internet useful?



Religious Education

Who is a Muslim? What do they believe?

Who is the Muslim God?

What religious events do Muslims celebrate?

How do they celebrate these events?



How should others and the world be cared for? Why does it matter?

What do religious stories say about caring for the world?

How do people show God that they are caring for others and the world?

How do different religious texts promote the 'Golden rule'?

What can I learn from a sacred book?

What do different religions find sacred about different books/text?

What do the stories mean? What do they teach?

How do people celebrate special events? Why do they celebrate special events?

How are different festivals celebrated in different religions?