



Message from the Head of School,

Dear parents,
October was an exceptionally busy month at Brocks Hill. We were pleased to finally welcome Ofsted to our school early in the month. Hopefully, you will have received our email containing the fantastic report. We are so thrilled that our amazing school has been given the Ofsted rating we feel it deserves.

Thank you for supporting our drive on good manners- it has certainly had an impact. I love my walks around school each day and am always pleased at how many children say good morning to me! Ofsted highlighted many times that our pupils at Brocks Hill were exceptionally polite. Thank you for all your support in instilling these behaviours at home.

It was lovely to welcome parents into school for parents' consultations and I hope you found meeting with your child's teacher helpful. Again, thank you for your commitment to attending these events as we know parent support has a direct impact on children's progress.

Thank you also for supporting our school book fair which ran throughout the week of parent consultations. Your support enabled school to buy additional books for our classrooms which I know the children will enjoy.

We look forward to November and the events that it will bring. Important dates are later in this newsletter. Please do make a note of these.

Kind Regards,
Mrs Shilling



Attendance

Attendance

It is vital that all students have excellent attendance at school. Research shows that even a few days of absence can have a negative impact on pupils' performance. Brocks Hill is committed to providing all pupils with the best start in life and works hard to ensure that all children attend school regularly. We are committed to achieving our school attendance target of 96%.

Attending school on regular basis is the key to you child doing well at school and will set them up with a good routine for later in life and the working world. It also gives them the opportunity to:

- Make lots of friends and feel included
- Learn new things and develop many skills
- Increase confidence and self esteem
- Improve social skills and develop lifelong habits
- Achieve their full potential and fulfil aspirations

Every single day a pupil is absent from school equates to a day of lost learning.

We know that pupils will become ill from time to time but please do not keep children off for longer than necessary. Recent advice from Government's Chief Medical Officer states 'It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose or sore throat. However, children should not be sent to school if they have a temperature of 38°C or above.' Please see <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/> for further information.

AUTUMN TERM 2023	
Autumn Half-Term	Monday 16th October – Friday 20th October
School Opens	Monday 23rd October
Teacher Training Day	Friday 1st December (closed to pupils)
School Closes	Friday 22nd December
Christmas & New Year Holiday	Monday 25th December to Friday 5th January
SPRING TERM 2024	
Teacher Training Day	Monday 8th January (closed to pupils)
School Opens	Tuesday 9th January
School Closes	Friday 16th February
Spring Half-Term	Monday 19th February – Friday 23rd February
School Opens	Monday 26th February
School Closes	Friday 22nd March
Easter Holidays	Monday 25th March to Friday 5th April
SUMMER TERM 2024	
School Opens	Monday 8th April
Bank Holiday	Monday 6th May
School Closes	Friday 24th May
Summer Half-Term	Monday 27th May – Friday 31st May
School Opens	Monday 3rd June
School Closes	Friday 12th July

Please be reminded of term dates for this academic year.

Please note we are unable to authorise term time holidays.

Black History month

Black History month

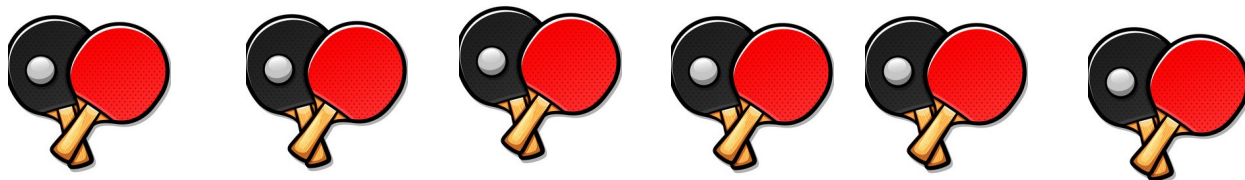
Black History month was celebrated at Brocks Hill throughout October. It culminated in an assembly at the end of the month where we focused on the theme of 'Saluting our Sisters'. We were pleased to welcome back ex pupils Shanice and Andrea Nyandora who recently won the National TV competition 'The Voice Kids 2023'. We loved hearing them sing. In case you haven't seen it follow this link <https://www.leicestermercury.co.uk/news/celebs-tv/leicester-twins-still-cloud-nine-8642184>



BROCKS HILL SPORTS

Table tennis Success

Brocks Hill Year 5/6 boys table tennis competed in the South Leicestershire table tennis competition at Leicester Grammar where we finished in first place. The Boys didn't lose a single game over the whole tournament which is an outstanding achievement. We have now qualified to the Leicestershire finals on 9th November at Knighton park table tennis club.



Sporting Ambassador Conference



4 children from year 5/6 have been trained up as our new sporting ambassadors, the training took place at Wigston Academy and we look forward to seeing what our new ambassadors will be implementing at Brocks Hill.

BROCKS HILL SPORTS

Boys football Pokemon Cup

The boys took part in the Pokemon cup at Beauchamp College, after winning their group the boys progressed to the final where unfortunately we fell short to Water Leys and finished runners up.



Cross country KS2

Over 40 children from KS2 will be competing in the Oadby and Wigston competition at Manor High! Brocks Hill children done amazingly Children in Year 4 came 2nd and 3rd.



BROCKS HILL NEWS

Midlands Dancing Championships



Well done to our Sophia. She had entered the Midlands Dancing Championships and all the hard work and resilience paid off. The competition was very strong with dancers from all over Midlands and London. The Championship lasted the whole weekend and was very intense. Sophia came 4th overall in her Lyrical round and in her Song and Dance round. We are all so proud of Sophia.

Premises Voice

A reminder to please remember to lock up your bikes and scooters as the school is not responsible for any equipment left on site.

Thank you for walking along the paths and not driving in it helps with our safeguarding . Please continue to do this.

Thank you



BROCKS HILL KEY DATES

1st-3rd November 2023	Year 5 Residential trip
9th November 2023	Diwali celebration day
10th November 2023	Class 11 Assembly
13th November 2023	Odd Sock day
13th November 2023	2-3pm Foundation Stage Diwali family celebrations
WC 13th November 2023	Anti-bullying week
16th November 2023	FS - Year 6 Flu vaccinations in school
17th November 2023	Year 5 Assembly
17th November 2023	Children in Need in school
20th November 2023	9-10am Foundation Stage - 'I can talk' parents workshop
21st November 2023	2.30-3pm Parent coffee afternoon
23rd November 2023	Open Classrooms 3.30-4.15pm
1st December 2023	School closed (disaggregated day)
8th December 2023	Class 12 Assembly
13th December 2023	9.30-10.30am Foundation Stage Christmas Performance
14th December 2023	9.30 10.30am Foundation Stage Christmas Performance
20th December 2023	KS1 Christmas Performance
20th December 2023	FOBHS Non-uniform day
20th December 2023	2-3pm Foundation stage - Christmas decorations afternoon
21st December 2023	KS1 Christmas Performance
21st December 2023	3.30-5pm FOBHS Winter Wonderland event
22nd December 2023	School closes for Christmas Holidays at 3.20pm
8th January 2023	School closed (Teacher Training day)
9th January 2023	School opens to students



COST OF LIVING

We would like to make you aware of support available to families struggling with current cost of living in Oadby and Wigston.

Young families are potentially going to be among the hardest hit and Oadby & Wigston Borough Council is trying to offer as much support, information, guidance and signposting as possible to those in need of help.

Please see their Cost of Living webpage www.oadby-wigston.gov.uk/CostofLiving for further details.

REMEMBERANCE SUNDAY



Registered Charity Number: 219279

Oadby Royal British Legion Branch

Remembrance Parade

Sunday 12th November 2023

Programme of Events

Remembrance Parade: 2pm—2.30pm

The parade will form up at the top of Sandurst Street and will continue down the Oadby Parade to St Peter's Church.

Service of Remembrance at St Peter's Church, Oadby. 2.30pm—3.15pm

A service of Remembrance for those who gave their lives in all conflicts.

Act of Remembrance and laying of wreaths. 3.15pm-3.45pm

Oadby War Memorial.



NOVEMBER WELL-BEING

Stress Awareness

NEWSLETTER

NOVEMBER 2023

WHAT IS STRESS?

Stress is a common feeling we get when we feel under pressure. A small amount can be good and motivates us to meet our goals. But too much stress, when things feel out of control, can impact our mood, our well-being and our relationships with people around us.

Ref: The Children's Society



Did you know?

Stress is controlled by your nervous system. When we are faced with danger, our central nervous systems switch into "**fight or flight**" mode. Our heart rates increase, blood vessels become narrower, and we become more mentally alert.

SIGNS & SYMPTOMS OF STRESS!

You might feel;

- Irritable, aggressive, impatient or wound up
- Over-burdened
- Anxious, nervous or afraid
- Racing thoughts that you can't switch off
- Unable to enjoy yourself
- Depressed
- Uninterested in life
- Like you've lost your sense of humour
- A sense of dread
- Worried about your health
- Neglected or lonely



 **Mind**

Mind, the mental health charity, has lots of tips and support on managing stress and building resilience, including looking after your mental wellbeing.

FIND OUT MORE [HERE](#)

NOVEMBER WELL-BEING

TIPS TO MANAGE STRESS

Recognise triggers: begin to track times where you have felt stressed and look for patterns in how you reacted. What was happening when you felt stressed? What did you think/feel/do just before you felt stressed?

Awareness: once you are aware of difficulties that are likely to make you feel stressed you can take steps to prevent stress or deal with it quickly.

Self-care: Be kind to yourself - stress is a human experience. Try to connect with friends and talk about how you are feeling.

Exercise, relaxation and meditation: some people find that exercise and activities such as meditation, breathing exercises and deep muscle relaxation are helpful.

Eat well and sleep: the better rested you are, the more able you are to cope with pressure.

Professional Help: if you are finding it difficult to cope, consider meeting with someone trained to help - this might include your GP or a therapist. **Ref:** The Children's Society



Key November dates

- National Stress Awareness day- 1st
- Anti-Bullying Week -13-17th
- World Kindness Day- 13th
- Self Care Week- 13th-19th
- Road Safety Week (Brake) - 19th-25th

COSMIC YOGA HAVE LOTS OF FAB MINDFULNESS VIDEOS, CHECK THEM OUT [HERE!](#)

ANTI-BULLYING WEEK

Anti-Bullying Week 2023 will take place from Monday 13th - Friday 17th November.

The theme is Make A Noise About Bullying. You will find everything you need to help make a noise to stop bullying this Anti-Bullying Week

[here](#)



LET'S GET SOCIAL

